



## Senior Scribbles

June 2013

Cor Blimey - winters here alright!

I was writing this newsletter while waiting for the big storm to hit thinking "do we have enough firewood, have we got enough food, and will we be warm enough?" I sure hope you all have enough resources to ensure you get through this super cold winter. Please remember help is available if you require it, you are welcome to contact Jo Young from the Salvation Army Senior Services or Community Networks.

Since my last newsletter we have had more wonderful news on the funding front. We received funding from the Graham & Olive West Charitable Trust to cover our exercise class and equipment, stationery and office supplies, a data projector and wages. This is an excellent result for us and we are now in a stable position going forward. Fonterra Grassroots supported us with funds for a portable defibrillator (AED) which I hope we never have to use but we have it just in case. The Masonic Charitable trust also supported us with funding to cover the cost of our Heritage Project, Marilyn Fraser (our President) and Maureen Burney (Committee Member) went along to a celebration event in Alexandra and collected a cheque on our behalf. The support from these wonderful organisations has enabled us to take a deep sigh of relief. Many thanks to them.

In April we went to Arrowtown for the 'Autumn Festival' and last month to Makarora for a luncheon, we have been so lucky with the weather on our outings and sure hope that continues. We have some great outings planned for July and August, so come along to the meetings to get the details.

Our club now has Charitable Status (CC49234), this will be beneficial for grant and funding applications and also enables donations to be tax deductible.

As you may be aware, from the 2<sup>nd</sup> of July the 'Falls Prevention' exercise class will be held at the larger St Johns rooms on Link Way. For our members the entry is still by donation however, for non-members the cost will be \$4 for a casual visit and \$3 on a \$30 ten visit concession card. This is still very reasonable and we are offering a great service. We have Julie Stalker taking Pilates and Jeanette Forrester taking Tai Chi both ladies are highly qualified and came recommended. They are looking forward to getting to know you better so please come along and support our classes on Tuesdays at 1.30 pm at the St Johns rooms.

I wish to take this opportunity to thank Nina Lunn and her team at Elmslie House for their support and use of their facilities over the past few years.

All in all, our club is in a great position with new projects and exciting changes taking shape, as always feedback is welcome. Keep an eye on the website for photos and updates.

Keep warm and stay safe.

Kind regards

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